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Rotary Club of Howrah Bulletin

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People Of Action In And For Our Community.

2nd July 2026

CHANGEOVER NIGHT - PARTNERS WELCOME

LIZ BROWN - LIFELINE TASMANIA ….

Guest speaker **Liz Brown**, Chief Executive Officer of Lifeline Tasmania, gave members a most informative and thought-provoking insight into the organisation's vital work across the state. Liz has been CEO of Lifeline Tasmania for the past 18 months and, working closely with the Board, provides strategic leadership to ensure the organisation continues to support individuals and communities in reducing the risk of suicide while pursuing its vision of a resilient Tasmania free from suicide.

During her presentation, Liz outlined the wide range of services provided by Lifeline, including the well-known 24-hour telephone crisis support service, which operates across every Australian state and territory. She shared some sobering statistics, noting that more than 3,300 Australians have died by suicide since 2024, while one in four young people have experienced suicidal thoughts. Liz explained that increasing cost-of-living pressures, family relationship breakdowns, isolation and loneliness are significant factors contributing to the growing demand for Lifeline's services.

Beyond the crisis telephone service, Lifeline Tasmania also provides home visits, support in aged care facilities, and extensive training for volunteers. Members also learned about the CHATS program, which helps reduce social isolation by providing bus outings and friendship opportunities for people experiencing loneliness.

MORE FROM LIZ BROWN AND LIFELINE ……

While Government funding is important, Lifeline also relies heavily on fundraising through its network of Op Shops located throughout Tasmania's cities and many larger regional towns. The organisation also delivers mental health awareness and resilience training for community groups, workplaces and businesses.

Lifeline Tasmania has approximately 300 people involved across its centres, with around three-quarters serving as volunteers in a variety of roles, highlighting the enormous contribution made by dedicated community members.

Our sincere thanks to Liz for an engaging, informative and inspiring presentation that provided a greater understanding of the invaluable work Lifeline Tasmania undertakes every day to support those in need.

HOW ABOUT SOME MORE COATS ……

The rack of coats at the Rotary Bookshop is a little light on for choice with just a few currently available for those who may need a warm garment during this winter. Please check your stock of coats and jackets in the depths of your wardrobes and give them a new life with a grateful owner. There are plenty of coat hangers at the Bookshop waiting in readiness.

NEXT WEEK'S MEETING ……

Next week is Changeover Week where we all dress up a bit and gather to acknowledge and thank the 2025/26 leadership team (pictured) and to welcome and announce the new leaders for the new Rotary year 2026/27. Don't forget that partners and friends are most welcome. Downstairs at the BYC.

HERE AND THERE ……

- Pres. Gayle reported that Rotarian Terry Evans is recovering well following his accident and he is using his walking stick. Good mate Lou disputed this last fact.
- It was also great to welcome back Sandra and Riley Hall after a short absence.
- A large collection of surplus books from our Rotary Bookshop have been donated to the Salamanca RC for their Monster Book Sale weekend coming soon.

- "Mr Fixit" or Rotarian David Harrison has refurbished all of the plaques on the seats donated by our Club along the Tranmere Foreshore Coastal Trail. Many thanks David.
- The disability hoist we donated to the Clarence Swimming Pool has been repaired and is back in action.
- Treasurer Numan advised that he received the sum of $900 from the Clarence Football Club in payment for our members looking after the entry gate for the football club's home games at Ninja Stadium.. Sincere thanks and appreciation Reg, Annette, Sue, Gaylee, Lou, Gayle and Judy. **In the frame are Rotarians Sue Saunders and Gaylee Chick.**

- **Apologies from last week's meeting:** Terry Evans and Bob Hardy.
- **RAFFLE WINNERS:** Guest Speaker Liz Brown was delighted to take home the white wine and of course the Emmetts were back after two week hiatus to take the red.

DIARY OF EVENTS …

JULY

Thurs. 2nd Change Over Night ***PARTNERS NIGHT"* - Downstairs**

Thurs. 9th Aidan Henwood—Pool Diver, Stroke Foundation

Thurs. 16th Social Night

Thurs. 23rd Craig Cracknell - HOFM Radio

Thurs. 30th Patrick Napper - Junior Beekeeper Ireland & Lily McDermott - Climbing Reports

	DUTY	ROSTER	
Date	Greeter/ Chair	Registration	Duty Officers
Thurs. 2nd	George	Karin & Rose	David H & Ken
Thurs. 9th	Susie	Robyn & Judy	Bob &
Thurs. 16th	Social	Night	
Thurs. 23rd	Reg	George & Sally	Riley & Mike

LEADERSHIP MIRTH …..

ACKNOWLEDGEMENT OF COUNTRY ……

"We acknowledge and pay respect to the Tasmanian Aboriginal people as the traditional and original owners and continuing custodians of this land on which we gather and acknowledge Elders – past and present of Lutruwita".